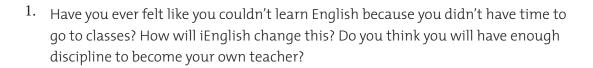
## use it

## THE WORLD OF ENGLISH



#### **ACTIVITY 1**

Spend some time thinking about the following questions. You do not need to write down your answers, but spend some time "pondering" them (thinking about them carefully).



2. Why did you decide to start on this "iEnglish journey"? What are your end goals? How will you make sure that you meet these goals?

3. What are some ways that you have been successful in learning English? What can you do to continue having success in English?

# use it

### THE WORLD OF ENGLISH



#### **ACTIVITY 2**

There is a saying in English: "Sometimes, we are our own worst enemy." This means that we can prevent ourselves from getting what we want. Since you are studying alone, and depend on yourself to keep focused, it is important to take action to make sure you stay on track.

Choose one of the following activities to keep yourself focused:

| 1. | Write a contract th  | nat says how r | much time e    | ach week yo     | u will spend  | studying. S  | ign it, |
|----|----------------------|----------------|----------------|-----------------|---------------|--------------|---------|
|    | and keep it in a pla | ace where you  | will see it of | ften. This is y | your contract | t with yours | self.   |

- 2. Tell someone that you are starting the iEnglish program. If someone else knows, they might ask you about your progress, and you will be more likely to continue the program.
- 3. Write a post on an online community page, announcing that you are starting the program, and some reasons why. The other members of this group can support you and keep you motivated!