instructor's notes

IDENTIFY MY GOAL | **PART 1** OF THE iLEAP CYCLE

SESSION PLAN

» Present an overview of the iLEAP Cycle (next page). Then, explain that the students will be watching a series of videos that explain this cycle. "identify my goal" is the first step.

» Explain that in a traditional classroom setting, teachers decide upon and establish goals for students. A teacher must consider two main things: "What exactly do I want the students to do?" (write a friendly letter, introduce themselves, give advice, etc.); and "Is this a realistic task?" ("Read the works of **Shakespeare**" or "memorize every idiom in **1001 English Idioms**" are theoretically possible, but a huge investment in time and energy, and with probably very little reward.)

» Remind students that since they are in charge of their own learning, they must learn how to set these goals/objectives by themselves. Explain that this may be more difficult than they may think.

» Take a quick survey of the class to inquire about their goals. It is likely that some students will say: "I want to be fluent." "I want to improve my listening and speaking skills." "I want to write better." Explain that goals such as these are not specific. To illustrate, choose a student, and ask him or her to teach you how to speak his/her language. The student will probably either stare at you with a blank look, or ask you what you would like to learn. Explain that you just want to "improve your speaking skills in _____." Students will soon realize that such a vague objective does not provide clear direction. Demonstrate that these terms are vague and not helpful for setting goals.

» A good goal has three features. Write these three words on the board & tell the students that the video will explain what they mean:

1 Specific *(a task)*
2 Relevant *(a real life task)*
3 Realistic *(a manageable real life task – it's within reach)*

» Have the students view the video iLEAP - Part 1: identify my goal

» Hand out the *transcript*, along with the *see it*, *try it* & *use it* activities. Have the students work through the activities. The activities that aren't completed in the session can be assigned for homework.

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LIFE IS THE CLASSROOM – IMMERSE YOURSELF