

use it

PROCESS MY LEARNING | PART 5 OF THE iLEAP CYCLE



01

ACTIVITY 1

Over previous lessons, you've set a goal, found samples, explored them, and acted on what you've learned! Now take some time to evaluate your actions. You can use the template below to keep yourself organized:

My Action:

1. Reflect

What did I do well?

What do I need to improve?

2. Respond

What will I do next?

How will I keep myself motivated?

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02

ACTIVITY 2

You now have all of the information you need to do a complete iLEAP cycle! Go ahead and do it again with a different goal! If it takes you a week, that's fine! You might struggle to remember each stage, or you might need to review the videos 100 times. Don't worry! You might also set a goal that you later realize is not appropriate. Change it and start again!

YOU are in control of your experience! Take as much or as little time as you like. Choose a goal that truly interests you. There are no iEnglish police to make sure you are "doing it right". If you are learning, you ARE doing it right!

The world is your classroom. Get out there and learn!

ACTIVITY 3

After you have completed the iLEAP cycle, reflect on the following questions. You can write a journal entry to practise writing, you can connect with another iEnglish student, or you can meditate on the questions in your mind.

Did you enjoy the process? If so, how will you make sure that learning English on your own stays enjoyable? If not, what can you change so that you enjoy learning English?

Can you imagine yourself using the iLEAP cycle again? If not, why not? Think of ways that you can adjust the parts you don't like to make the cycle work for you.

How important is motivation? Do you think you are disciplined enough to stick with the iEnglish program? If not, what can you do to make sure that you do?