

instructor's notes

THE SHIFT



01

SESSION PLAN

- » This video features 7 people talking about their shift to independent learning. View the video for the first time. Then, take a survey to see if students got the “main message:”
 - *In most countries, students attend classes. Teachers do most of the talking. Students sit and listen, and complete many reading and writing exercises. Students do not practise speaking or listening very often.*
 - *There are many ways for students to learn English without attending a class, such as listening to music, watching movies, taking interesting classes, and finding opportunities to use English at work.*
 - *You can learn how to teach yourself English effectively if you have the right strategies and tools.*

Hand out the [transcript](#), along with the [see it](#), [try it](#) & [use it](#) activities. Have the students start with [see it - Activity 1](#).

- » Take the students through 3 topics covered in the video:
 - 1. Reflecting on Past Learning:** In the video, many of the characters talked about how they learned English in their home countries. Have the students share their own experiences with learning English in their home countries. Students who learned English in a classroom with a teacher may find that learning English on their own is challenging. However, it is not impossible!

Have the students do [try it - Activity 1](#). This will help students to reflect on their own learning experience. Let them discuss in groups.
 - 2. Taking Control of Learning:** The characters in the video talked about taking control of their learning and mentioned some ways that they studied English outside of a classroom. Have the students watch the video again or handout out the transcript. Then, ask them to create a list of ways the characters took control of their learning. ([see it - Activity 2](#))

Find opportunities to immerse yourself in English. Use music to learn English. Watch interesting movies with subtitles in English. Find a job in which you need to speak to customers in English. Find friends who are interested in learning your language and culture. Take a course taught in English.

[try it - Activity 2](#) - Different students like to learn English in different ways. Knowing how you learn best is important so that you can choose resources and activities that match your learning style. This activity will have students identify their learning style.
 - 3. Getting Motivated to Learn:** The characters in the video quote famous sayings from their home cultures. Have the Ss do [see it - Activity 3](#) and [try it - Activity 3](#).

- » Encourage the students to do the [use it](#) activities on their own.